



Forrest Hill School

Community Contact

5 August 2010

Newsletter No.23

Dear Parents/Caregivers

A big thanks to the parents who have responded to our last week's newsletter item in regard to school donations. We do hope that others of you, who have been thinking about this, and the benefits school donations provide for all children right across the school, will also be choosing to make your donation to your school – our school, soon. Thank you for your consideration.

It's Flu Time Again

The media has been covering the effects of winter colds and flu on people across New Zealand. It seems the flu sickness will peak over term 3, which means we must all be very vigilant about healthy living. At school teachers are teaching students the essential need to wash hands after blowing their nose into a tissue, before eating and after using the toilet. Students are being told to cough into their elbow or upper arm if they do not have a handkerchief or a tissue. We hope that you are teaching the same keeping ourselves healthy rules at home.

Keeping Children at Home

The flu virus is passed on to others as droplets in the air, and on surfaces such as desks, pencils, rulers, books....and so on.

It is essential that you keep your child at home if they are coughing, sneezing or have a temperature over 37c (normal temperature). Recovery from colds and flu is quicker if children are at home, resting and in a warm environment. Children who come to school unwell are spreading their germs to all the other children in the class including the teacher. Unwell children do not learn anything when at school and are miserable and sad.

Please parents: if your child is unwell keep them at home until they are really well again. We thank you for your notice of this request.

Teacher Only Day

The school will be closed on Monday 16th August. Teachers are receiving training on the National Standards. We ask that you make arrangements for your child to stay at home on this day. We are sorry for any inconvenience this may cause your family.

A visit to MOTAT

The students in Atatu visited MOTAT this week as part of their inquiry into how machines work.



Report Survey

On Monday your child will bring home a survey form for you to complete about reporting on your child's progress at school. Please watch out for this.

Fact-a-thon

On Friday, tomorrow, your child will bring home Fact-a-thon information. This is a NZ general knowledge fundraiser run by the teachers for the PTA. Please help your child learn the facts on the sheets in readiness for the big test day. Please also support this fundraiser by helping your child get sponsors to donate or sponsor your child's efforts. All money goes to upgrading the old computers in the computer suite.

Reminder from the Dental Clinic

A reminder to please return your dental consent forms to the dental clinic as soon as possible. Thank you.

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Awatea Out and About

The Awatea children are inquiring about production lines. Today we have had groups visiting a Pizza company and finding out about "assembly lines" and the massed production of fast food. We hope to have some photos of this for next week's newsletter.

Korean Information Evening

A reminder that we are holding an information evening on **Tuesday 10th August 7.00pm – 8.00pm** for parents of our Korean community. We will talk about what happens at school, how you can help your child at home, the ESOL class and hopefully answer any questions you might have. This meeting is **not** for children. Please phone the school office on 410-8939 and advise if you are able to attend the meeting.

Family Portraits for the Entire School by NZ Top Photographer

Michael Overend Photography is a top NZ photographer who is providing an outstanding opportunity for our families to have a professional photo sitting along with a selection of photo prints as part of a special Forrest Hill School family package. The details of this will come to you next week. Michael Overend Photography is supporting the school very generously indeed with this offer, whilst making the total package value of \$785 for just \$75.00 for our families. Do watch out for further information next week.

Yummy Apple Stickers

Don't forget to keep collecting your yummy stickers and bar codes off the apple bags. We can receive sports equipment from this fundraising effort.

McCain's School Veggie Patch

McCain's are offering schools the chance to exchange barcodes for equipment to build a school veggie patch.

Please cut out the barcodes from all McCain's Frozen Veggies and Purely Potato packs.

Send the barcodes to Room 1 with your child and they will receive House Points to say THANK YOU.

The equipment will be used to establish and maintain a school vegetable garden.

Thank you for your support.

TALL BLACKS MAKE AN IMPACT AT FORREST HILL SCHOOL

On Monday 26 July Pero Cameron and 3 of his team mates from the Tall Blacks, Mika, Jeremy and Alex came to Forrest Hill prior to their departure overseas to build up for the Basketball World Championships which are being held in Turkey.

They did a half hour training session with the Forrest Hill Giants Basketball Team and some interested children who wished to learn new ball skills, including how to dribble and shoot properly. The Giants recently finished third in the Third Grade at the YMCA Basketball League.

The children were overawed by the size of some of the players. One of whom (Alex) is 7 foot one inch tall.

The players generously signed small basket balls for all the players after the training session before addressing the whole of Arataki Syndicate (Year 5 and 6 children).

Pero talked about their build up which will involve playing in three warm up tournaments before competing in the World Championships. The players then demonstrated some of their special skills they have developed while playing basketball including a reverse slam dunk by Alex /Pledge.

All the players stressed the importance of having goals to aim for in sport and life. Those big goals sometimes have to be modified into smaller easily achievable goals to help you keep on track. That success in sport is usually involves a lot of hard work – which sometimes means training everyday to improve you fitness and skill levels.

Pero made a point of highlighting that basketball is a game for all sizes. He said that shorter players, like Jeremy, usually have very high skill levels and were faster than taller players, but that having some height in a team was also very important on defence and offence, hence the need for players like Alex.

The Tall Blacks were warmly applauded at the conclusion of their visit and all of Forrest Hill wishes them all the best for the World Champs!

GO THE TALL BLACKS!

Kelly Sports

Kelly Sports is back for another term of exciting sports! Get in quick and enrol your child.

This is a fun-filled 8 week programme that will be running through term 3.

If you are interested simply email Jeremy on jeremyb@kellysports.co.nz or you can call him on 443-0254, alternatively check out the website:

www.kellysports.co.nz/eastcoastbays.asp