

400m Time Trials															
Name:	29.06.09			30.06.09			1.07.09			2.07.09			3.07.09		
	200m	400m		200m	400m	S/C	200m	400m		200m	400m		200m	400m	
Emma S	2.45 (1.16)	5.46 (4.15)	L/C	2.38	5.20	S/C	3.01 (1.24)	6.09 (4.37)	L/C With Tube				2.42 (1.18)	5.35 (4.09)	L/C
Peter Z	2.52 (1.20)	6.02 (4.26)	L/C	2.50	5.49	S/C				2.50	5.49	S/C			
Ryan F	2.31	5.16	S/C							2.31	5.09	S/C			
Nick S	2.28	5.14	S/C												
Brayton C	2.35	5.16	S/C				2.32	5.16	S/C						
Ross F	2.43	5.41	S/C				2.45	5.33	S/C						
James P	2.56	6.01	S/C												
David J	3.00	6.26	S/C												
Andy W	3.03	6.39	S/C										3.06	6.23	S/C
Emma P	3.23	7.05	S/C												
Richard V	3.09	6.39	S/C				3.09	6.22	S/C						
Steve V	3.23	7.09	S/C							3.20	7.07	S/C			
Katie F	3.10	7.10	S/C												
Amiee M	3.15	6.51	S/C										3.24	6.55	S/C
Stefanie C	4.50	9.33	S/C										4.29	8.59	S/C
Colin P	3.41	7.49	S/C				3.59	8.09	S/C						
Trisha N				4.13	8.41	S/C				4.14	8.37	S/C			
Carolyn H				3.34	7.22	S/C									
Sue W				4.22	8.55	S/C									
Andrew B				2.55	6.19	S/C				2.55	6.14	S/C			
Helen K				3.25	6.59	S/C									
Jan B				2.50	5.52	S/C				2.50	5.48	S/C	3.02 (1.25)	6.10 (4.36)	L/C
Mat O							2.32 (1.11)	5.11 (3.52)	L/C With Tube						
James B							2.57 (1.21)	6.31 (4.43)	L/C With Tube						
Lisa							3.15 (1.34)	6.34 (4.55)	L/C With Tube				3.03 (1.22)	6.21 (4.43)	L/C
Kerry							3.22 (1.37)	6.57 (5.09)	L/C With Tube						
Danielle							2.49 (1.20)	5.50 (4.21)	L/C With Tube						
Kirsty D							4.03	8.24	S/C						
Patrick							3.41	7.32	S/C						
Caitlin P							3.21	6.59	S/C						

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	200m	400m		200m	400m		200m	400m		200m	400m		200m	400m	
Foss							3.24	7.09	S/C						
Nicole F							2.56	6.09	S/C						
Fraser P							2.49	5.34	S/C						
Conor							2.49	6.03	S/C						
Carlo H							2.27	5.03	S/C				2.33	5.09	S/C
Ben							2.31	5.15	S/C				2.33	5.10	S/C
Max							2.31	5.15	S/C				2.33	5.14	S/C
Owen							2.24	4.54	S/C						
Fraser							2.34	5.16	S/C						
Hannah S							4.37	9.37	S/C						
Katie S							4.15	8.44	S/C						
Gill S							4.35	9.20	S/C						
Mike S							4.42	9.56	S/C						
Chris										2.42	5.40	S/C			
David J										3.02	6.25	S/C			
Luca H													4.00	8.13	S/C
Richard B													2.37	5.32	S/C
Te Ohorere													3.24	6.56	S/C
Connor B													3.11	6.32	S/C
Tony													4.55	10.03	S/C
Theo													4.39	9.16	S/C