

RACE RULES

GREAT FOREST EVENTS INC. 10th April 2010 -WAITARERE

For more information visit our website www.greatforest.org.nz

Great Forest Events Incorporated and our sponsors extend a very warm welcome to all participants and supporters of our events. We wish you every success in what you hope to achieve and hope you really enjoy your events in our lovely scenic Matariki Forest. For those more adventurous there are great views of the Manawatu river in the half and marathon courses.

We want to see you back again next year so all of our officials are available to help on the course and before the events to ensure you are well informed. PLEASE ASK AT THE INFORMATION DESK IN THE MARQUEE IF YOU ARE UNSURE ABOUT ANYTHING .

RACE CONDUCT: These events are conducted by the Great Forest Events Inc with the help of other local organizations and a race referee will be on the course. Any marathon or half marathon **walker** found to be running will NOT be eligible for the winners' award. In all matters the decisions of race officials and race referee will be final.

AGE LIMIT: Competitors in the full marathon must be 16 years and over

REFUND POLICY: Requests for refunds must be received in writing or by e-mail by 03 April 2010. NO refunds after this date.

ON THE DAY OF THE EVENTS

COURSE LAYOUT: See maps at registration and at the Information desk in the Marquee and you can check out our website: www.greatforest.org.nz. The Events will be conducted in the forest. In the unlikely event that fire risk prevents this an alternative course over the local countryside will be used.

RACE NUMBERS AND ANKLE TIMING CHIPS: Race Numbers to be worn on the **FRONT** of singlets and to be clearly visible at all times and transponders to be worn as instructed on ankles.

SIGNS ON COURSE: Directional arrows will be shown

PACING: Each Km will be marked for the full and half marathon courses only.

DRINK STATIONS: These will be at approximately at 3km intervals with Marshals assisting.

ALL EVENTS ARE ACCURATELY MEASURED

Courses

Marathon	2 circuits
½ Marathon	1 circuit
5K Fun Run/Walk	1 circuit
10K Fun Run/Walk	1 circuit

Start Times

6:00am	Registrations, Late entries, Event Centre Marque, Waitarere
7:00am	Marathon Walk
9:00am	Marathon Run
9.30am	Half Marathon Walk
10.00am	Half Marathon Run
11.00am	10K Fun run/walk
11.30am	5K Fun run/walk

PRE RACE

Gather at the Marque at least **30minutes** before your race time for a **pre-race briefing** and to be escorted to the start area.

The transponder issued with pre-race registration pack must be securely attached to your shoelaces.

The race number issued with your pre-race registration pack must be unaltered and pinned high on your chest.

THE START LINES

To receive an official finish time all entrants must pass over both the Start and Finish mats

The Marathon and Half Marathon start line are approximately 800m south of the event centre

The 10k and 5k start lines are approximately 700m north of the event centre

The Start will be sign posted from the Event Marquee.

At the start line, entrants will be asked to arrange themselves somewhat in order of finish time (fastest to the front), walkers must line up toward the rear of their field so as not to impede runners.

RACE FINISH

The finish is adjacent to the Events Centre. After crossing the finish line, participants will proceed through the finish area. St Johns facilities are on hand if required. A final support station is positioned within this area and will have water and sports drink.

All participants will be required to return their ChampionChip Transponder to race officials before leaving the finish area. Finishers will then receive their exclusive finisher's medal.

Participants will then exit this secure finish area. Public, family and friends will be excluded from within this secure finish area.

EVENT FINISH TIME LIMIT:

- Official timing for the marathon will cease after 7 hours 30 minutes. Entrants anticipating finishing after 7hrs 30mins must carry their own drinks or have support available toward the end of the course.

As a precaution a "Tail End Charlie" will be provided for late finishers.

CHIP RETURN: The timing Chip must be returned immediately after the finish of each event. Failure to return the chip will result in a charge of \$30.00. No exceptions will be made.

PRIZE GIVING – AWARDS – SPOT PRIZES:

Spot prizes for the 5 and 10Km events will be available at the completion of each event. Major prizes for these events will be available at the formal prize giving at 1pm. Race numbers must be presented to collect a prize for the Marathon, Half Marathon and 10km Events.

Full and half marathon minor spot prize winners will be notified by a notice in race packs – be sure to look for this. Race numbers must be presented to collect a prize except for the 5km prize where the winner's name will be called..

Major prize-giving to winners of each category for the full & half marathon will take place at 1pm.

Full and half marathon certificates and photos will be posted. Certificates for the 10Km Event will be posted.

Certificates for the 5Km are available on the day

All results will be published soon after the Events on our website: www.greatforest.org.nz

**PLEASE NO SMOKING IN CARPARK,
FOREST, OR START/FINISH AREA.
PLEASE NO DOGS**